

Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Noraville
St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



Vision

To be A Vibrant Eucharistic Community

Pastoral Team

Parish Priest

Fr. Tomy Kuruvelil Ouseph CFIC
Phone: 4396 4455
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Assistant Priest

Fr. Baby Thomas CFIC
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Augustinian Sisters of Our Lady of Consolation - Convent

11 Pandora Pde Noraville 4396 9128

Sr. Josefa Mabini OSA
Sr. Jennifer Canillas OSA

Parish Office Hours

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Parish Secretary: Sarah-Jane Rosen

Office Assistant: Bramer Ramasamy

Catechist Coordinator

Sr. Josefa Mabini PH: 0402 480 933

Sacramental Coordinator

Sr. Jennifer Canillas PH: 0427 227 637

Sunday Parish Bus Service

Mrs Joan Haslam 4392 6892

Parish Schools

St Mary's
Principal Ms Emma Sellars 7256 2143

St Brendan's

Principal Ms Charlene Reid 7256 2127

St Brigid's College

Principal Mr Adam Murdoch 7256 2122

OUR LORD JESUS CHRIST KING OF THE UNIVERSE YEAR C

23rd November 2025



Gospel Reflection

In today's Gospel reading we have the inscription placed above the cross of Jesus, "Jesus of Nazareth, the King of the Jews", proclaims the true identity of Jesus the King. Jesus is the Messiah (the anointed one) and the King. Even as He dies on the cross, He gives consolation and forgiveness to all those around Him. There are many people below the cross of Christ: soldiers, Pharisees and many by-standers who mock and challenge Him saying, "If you are the King of the Jews, save yourself." Again, when the thief on His right pleads saying, "Jesus, remember me when you are in your kingdom," Jesus immediately assures Him a place in paradise. As He is dying on the cross, He calls His mother and the beloved disciple and entrusts His mother to the disciple and tells His mother, "This is your son." - pointing to the disciple. Hence Jesus' final gift to every believer is His mother to be our heavenly mother.

Christ's kingdom is a very special kingdom. He has come not to conquer but to love. He has come not to have possessions but to give them away (even His own beloved mother) to us. Thus, Jesus is the King of our hearts and our minds.

Charles Colson, former legal counsel to Richard Nixon and later founder of the Christian Prison Fellowship, says it like this: "All the kings and queens I have known in history sent their people out to die for them. I only know one King who decided to die for his people-Jesus Christ." "Hungry for love, He looks at you. Thirsty for kindness, He begs you. Naked for loyalty, He hopes in you. Homeless for shelter in your heart, He asks you. 'Will you be that one to Him?'" - St. Mother Teresa of Calcutta.

Fr. Tomy

WEEKEND MASS TIMES

St Mary's Church Toukley

Saturday: Vigil 6:00pm	Fr Baby
Sunday: 7:30am	Fr Baby
9:00am	Fr Baby
6:00pm	Fr Tomy

St Brendan's Church Lake Munmorah

Saturday: Vigil 5:00pm	Fr Tomy
Sunday: 8:00am	Fr Tomy

WEEKDAY MASS TIMES

St Mary's Church Toukley

Monday	9:00 am
Tuesday	9:00 am
Wednesday	9:00am
Thursday	9:00am
Friday	9:15am (Except 1st Friday of Month)

First Friday of Month Anointing of Sick
11:00am

Saturday 9:00 am

St Brendan's Church Lake Munmorah

Wednesday 9:00am

First Wednesday of Month Anointing of Sick

Thursday 9:00am

EXPOSITION BLESSED SACRAMENT

St Mary's Church Toukley

Every Saturday – after Morning Mass

SACRAMENT OF RECONCILIATION

St Mary's Toukley

Saturday 9.30am – 10am (by appointment other times)

St Brendan's Lake Munmorah

Saturday 4:30 - 5:00pm

MORNING PRAYER OF THE CHURCH

St Mary's Toukley

8:20 am Monday to Thursday & Saturday

8:45 am Friday

First Friday Night Vigil

Exposition after 7pm Mass until 12.30am

Children's Liturgy of the Word (CLOW)

1st & 3rd Sundays 9am at St Mary's

1st Saturday 5pm at St Brendan's

EXCEPT IN SCHOOL HOLIDAYS



Welcome to our Parish. Today we celebrate **Our Lord Jesus Christ King of the Universe, Year C**. We welcome you to our Church and are very pleased to see you here.

Parish Calendar of Upcoming events - Save the Date:

Tues 25th Nov: Catechist Thanksgiving Mass & Dinner St Mary's 4pm

Thurs 27th Nov: Kinder Mass at St Brendan's 9am

Fri 28th Nov: Remembrance Mass 5pm St Brendan's & 6pm St Mary's

Sun 30th Nov: St Mary's Yr 5 & Kinder 2026 Mass St Mary's 9am

Sat 13th dec: 24 hours Adoration for the Lord St Mary's

PLEASE NOTE THE PARISH OFFICE WILL BE CLOSED ON FRI 21ST, TUES 25TH & WED 26TH NOV.



Bequests: Remembering your faith community in your Will After providing for family members in your Will, have you ever considered leaving a bequest directly to your local parish. This is called a legacy or bequest.

Over the years, many people who have felt a special connection with their local parish and church have left part of their Estate to their Parish. Like a gift to a charity, a bequest of any amount to the Church is a way of saying "thank you" for the spiritual **nurturing provided to you and your family over the years**. See the Diocese website for more information.

Catholic woman's league (cwl) The Catholic Women's League will hold the end of year meeting in the Parish Centre on **Monday 24th November at 10am**. Ladies of the Parish are invited to come along for a cuppa and some Christmas nibbles.

First Friday Anointing Mass 11am Fri 5th Dec St Mary's & 9am Wed 3rd Dec St Brendan's.



Alliance of the Two Hearts First Friday Vigil Mass is on 5th Dec at 7pm at St Mary's. All welcome to join for any length of time. Starting with Mass at 7pm & ending with Mass at 12 midnight. Prayer, scripture, rosary, readings, confession & adoration in between. **Contact Maureen PH: 0417 922 613**

December Parish Morning Tea at St Mary's Volunteers Required **For our December Parish Morning tea and all morning teas in 2026 we need volunteers!** For this lovely occasion to continue we need your help.

If you can spare a few hours once a month on the first Sunday to assist with the preparation of morning tea at our Parish this lovely tradition can continue. **Unfortunately if we don't have any volunteers there will be no morning teas in the future.** We are also in need of volunteers to help clean Saint Brendan's Church once a month, or less depending on the amount of helpers. **The church is usually cleaned on Friday's at 1.30pm.** It only takes an hour to clean, ready to pick up your children. We have a lovely couple retiring after cleaning the church for 15 years. Thank you **Joy and Gordon** your commitment during this time is greatly appreciated. **Please phone Natalie 0467 425 750. Your support will be greatly appreciated. Thank you.**



23rd November Solemnity of Christ the King of the Universe - The Solemnity concludes the liturgical Calendar Year C and begins the Season of Advent, Year A. **There will be a procession after 9am Mass with the Eucharist going out to the Grotto followed by a blessing.**

Dear Parishioners: We resume Communion under both species (bread and wine) this weekend on the Feast of Christ the King. Blessing and commissioning of Extra Ordinary Ministers of Holy Communion will take place during weekend Masses.



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November is the Time To Remember The Dear Ones: We remember our departed brothers & sisters during the month of November. The best gift we can offer for their souls is to pray & offer masses for them. I encourage families & friends to offer masses during this special month of remembrance.

We conclude this event on Fri 28th Nov with 5pm Mass at St Brendan's & 6pm Mass at St Mary's. Refreshments to follow after 6pm Mass at St Mary's on the day. Please bring a plate.

Attention Wardens: As we had agreed during our seminar for Wardens and welcomers, after the homily, we keep a minute of pause, before we do the first collection to start from the front seeing the face of people and not from the back of the church. Also collections should accompany the offertory procession.

Parish Lectio Divina: We invite you to join us as we Break Open the Word of the Sunday's Gospel. Together we pray, meditate, and share the inspirations from the Scriptures in transforming our lives. All are welcome to join us **every Thursday at 5PM at Parish Centre.** Bring your family and friends.



PARISH WORKING BEE!

All parishioners are warmly invited to our Parish Working Bee on **Saturday 13th December at 10am** in preparation for our Christmas celebrations. We will be focusing on cleaning the church, putting up Christmas decorations, and

setting up the Nativity for our Christmas Carols. Your helping hands will make a big difference - many hands make light work! Thank you in advance for your generosity of time and spirit.

Formation for the Ministry of God's Word (Readers): Inviting ALL existing Readers of all Masses and those who are interested to join the ministry to a formation day on **Sat 29th Nov** at the Parish Centre. **Starting with 9am Mass**, followed by morning tea & formation until 12pm. **Please RSVP as we are serving morning tea. You are also welcome to bring a plate to share. All readers MUST attend the seminar and be commissioned.**

24 HOURS FOR THE LORD - 9am Fri 13th Dec to 9am Sat 14th Dec - ST MARY'S PARISH CENTRE.

As Advent calls us to prepare our hearts for the coming of Christ, our parish will hold 24 Hours for the Lord. A full day of adoration before Jesus Christ, truly present in the Most Holy Eucharist. We invite every parishioner to make a concrete act of faith and love by committing to at least one hour with the Lord. This is a precious chance to step away from the noise of the season and place yourself before the real, living presence of Jesus who waits for you in silence. Please register for a time slot on the sign-up sheets at the church doors or by contacting the Parish Office.



Pope Leo XIV's November Intention

During November, Pope Leo invites us to pray that all parents who mourn the loss of a son or daughter might find consolation in their community, and may receive peace of heart from the Spirit of Consolation.



Please pray for the following:

Recently Deceased: Barbara Coffey, Gloria Cutcliffe, Patrick Sheehy & James McCloughlin

Anniversaries: Charles Radford, Wagner Javelona, Carolos Tahan, Luke Manassa, Wayne Puckeridge, Trooper Joshua Porter, James Grimes, David O'Connell, Patrick Post & Harry Linder

Remembrances: Michael Saba & Mary Saba, Ronald Pingo Roach, Diane, Smith, Greg Irvine, Irvine, Humphreys, Blacker & O'Shanassy families, Wade, Mitchell, Dennis & Ross families, John King, Mario Azzopardi, Vincenza & Saviour Debono, Gavino Rias, Stephens Cappa, Richard & Margie Hamer, Marie O'Keefe, Valami Joseph & Stark Family & Wendy Woodhouse

Please Pray for the Sick: Sonya, Bernice Judge, Ross Horsburgh, Jim Ralston, George Tohme, Paul McKay, Faye Germann, Glen Brown, Lea Gray, Mary Swift, Doris Micallef, Branko Babic, Irma L Baez, Maria McEwen, Amelia Harrison-Ford, Ron Hughes, Claudette Radford, Alexander Wade, Louise Bugden, Edward Boyle, Bobby Raymond, Andrew Teo, Gerauld Correia, Leane Dadd, John Knight, Anne Govers, Eva Cusick, Zara Cusick, Willem, Max Jurd, Claire Ray Doris, Clare Johnstone, Chris Wilson, Miklos Beothy, Novita Elizabeth Taha Lamharan, Joy Stokes, Dale Bentick, Avis Sullivan, Ken Jenkins, Lawrie & Libby Boshell, Ruben Fernandez Velasco, Ivy Teo, Brian Brame, Irene Tognito, John Muir, John Hamilton Jnr, Kel Outlaw, Kevin Roy, Kathy Casey, Elaine Horton, Jane, Allen, Helen Sewell, Lacey, Chelsea Brame, Nicholas Sheehy, Hunter, Peter De Lacy Peek, Patrick Hobson, Jessica & Lee Abbott, Baby Nora, Lucky Bowen, Sergio, Maxwell, Nacua Sedicol, Sue Reardon, Sandra Turl, Mia & Johanna Harries, Ana das Gracias, Zona Kable, Jose Adelino, Barry Egan, Suzanne Webb, Patricia, Warren Pope, John Stuart, Stefano & Paolo Macchi, Stephen Jeffrie, Paul Mizzi, George, Sylvia Hudson, Bill O'Keefe, Michele Maroon, & Robbie Depares

Memorial Mass For the beloved Vicky Debono at St Brendan's Church on Sun 30th Nov at 5pm

November Birthdays

Kenneth Meisel (Nov)
Eric Grimes (6th Nov)
Amanda Paton (8th Nov)
Steven Ng (8th Nov)
Nova Jayanthi (9th Nov)
Nash Small (9th Nov)
Cecilia McClusky (13th Nov)
Lucy Jurd (13th Nov)
Bill Mulvany (13th Nov)
Angela Trixie Canillas (14th Nov)
Evelyn Maceda (22nd Nov)
Eli Fiedler (25th Nov)
Kathleen Cheetham (28th Nov)



Mackay Family Funerals

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First Reading 2 Samuel 5:1-3

A reading from the second book of Samuel

They anointed David king of Israel.

All the tribes of Israel came to David at Hebron. 'Look' they said 'we are your own flesh and blood. In days past when Saul was our king, it was you who led Israel in all their exploits; and the Lord said to you, "You are the man who shall be shepherd of my people Israel, you shall be the leader of Israel.'" So all the elders of Israel came to the king at Hebron, and King David made a pact with them at Hebron in the presence of the Lord, and they anointed David king of Israel.

The word of the Lord

Thanks be to God

Responsorial Psalm Ps 121:1-5

R. Let us go rejoicing to the house of the Lord.

I rejoiced when I heard them say:

'Let us go to God's house.'

And now our feet are standing
within your gates, O Jerusalem. **R.**

Jerusalem is built as a city
strongly compact.

It is there that the tribes go up,
the tribes of the Lord. **R.**

For Israel's law it is,
there to praise the Lord's name.
There were set the thrones of judgment
of the house of David. **R.**

Second Reading Colossians 1:12-20

A reading from the letter of St Paul to the Colossians

He has taken us into the kingdom of his beloved Son.

We give thanks to the Father who has made it possible for you to join the saints and with them to inherit the light. Because that is what he has done: he has taken us out of the power of darkness and created a place for us in the kingdom of the Son that he loves, and in him, we gain our freedom, the forgiveness of our sins.

He is the image of the unseen God and the first-born of all creation; for in him were created all things in heaven and on earth: everything visible and everything invisible, Thrones, Dominions, Sovereignities, Powers - all things were created through him and for him. Before anything was created, he existed, and he holds all things in unity.

Now the Church is his body, he is its head.

As he is the Beginning, he was first to be born from the dead, so that he should be first in every way; because God wanted all perfection to be found in him and all things to be reconciled through him and for him, everything in heaven and everything on earth, when he made peace by his death on the cross.

The word of the Lord

Thanks be to God

Gospel Acclamation Mark 11:9, 10

Alleluia, alleluia!

Blessed is he who inherits the kingdom of David our Father; blessed is he who comes in the name of the Lord.

Alleluia!

Gospel Luke 23:35-43

A reading from the holy Gospel according to Luke

Lord remember me when you come into your kingdom.

The people stayed before the cross watching Jesus. As for the leaders, they jeered at him. 'He saved others,' they said 'let him save himself if he is the Christ of God, the Chosen One.' The soldiers mocked him too, and when they approached to offer him vinegar they said, 'If you are the king of the Jews, save yourself.' Above him there was an inscription: 'This is the King of the Jews.'

One of the criminals hanging there abused him. 'Are you not the Christ?' he said. 'Save yourself and us as well.' But the other spoke up and rebuked him. 'Have you no fear of God at all?' he said, 'You got the same sentence as he did, but in our case we deserved it: we are paying for what we did. But this man has done nothing wrong. Jesus,' he said 'remember me when you come into your kingdom.' 'Indeed, I promise you,' he replied 'today you will be with me in paradise.'

The Gospel of the Lord

Praise to you, Lord Jesus Christ



Next Sunday: First Sunday of Advent Year A

First Reading: Isaiah 2:1-5

Second Reading: Romans 13:11-14

Gospel: Matthew 24:37-44



Guidelines for Reverent Reception of the Holy Communion



The Ordinary Minister of Holy Communion is the Bishop, Priest or Deacon. Those who assist the Ordained are called “Extraordinary” Ministers of Holy Communion (EMHC).

Immensae Caritatis provides clear criteria for the selection of Extraordinary Ministers of Holy Communion (EMHC). This includes: Persons whose good qualities of Christian life, faith, and morals recommend them. Persons who foster their own devotion to the Eucharist and show an example to the rest of the faithful by their own devotion and reverence toward the most Blessed Sacrament of the Altar. No one is to be chosen whose appointment the faithful might find disquieting. Selection Criteria. In addition to this in the Diocese of Broken Bay it would be important to clarify that they are: A fully Initiated Catholic (Baptism, Confirmation and First Eucharist), A regular Communicant, and; At least 16 years of age.

Practical Instructions: The EMHC should arrive at church at least 15 minutes prior to Mass commencing so they may check themselves in for their ministry. The EMHC should consider how they present themselves for this ministry of service, and the representation of the parish. This includes ensuring that hands have been thoroughly cleaned prior to arrival and clothing has been appropriately considered. The EMHC should not approach the Altar until after the Priest has received Holy Communion. In line with local practice, it may be appropriate for the EMHC to discretely approach the Sanctuary during the Lamb of God.

It is strongly recommended that ALL Ministers of Holy Communion sanitise their hands at this time, ensuring the sanitiser has been fully rubbed in and is dry on their hands. The Ordained Minister, as the Ordinary Minister of Holy Communion, will distribute Holy Communion to the EMHCs. It is then the role of the Ordinary Minister to pass on the vessel containing the Eucharist to the EMHC - It should never be taken from the Altar by the EMHC. The Ministers of Holy Communion reverently and respectfully move to their place of distribution, ensuring they have a steady grip on the Ciborium or Chalice. The vessel should not be elevated by the Minister when walking to their place. Once in place, the Minister is encouraged to steady their stance by taking a breath before commencing distribution.

The Body of Christ If distributing the Body of Christ, as the Communicant comes forward and gently bows, the EMHC holds up the host to eye level and says the words, “The Body of Christ” , allowing the Communicant to reply “Amen. ” This is a dialogue of faith, and a space of encounter that should not be rushed. No other words should be added to the dialogue, even if the EMHC happens to know the individual (i.e. “Lucy, the Body of Christ” or “The Body of Christ, John” should never be said). It is the Communicant’s choice to receive on the hand or on the tongue, standing or kneeling. If receiving on the tongue, the EMHC gently places the host,

avoiding personal contact with the Communicant's tongue. The EMHC should remain present to the Communicant until they consume the host. This will allow for gentle instruction if the Communicant appears to be walking away with the host.

Blood of Christ the EMHC should ensure the purificator is opened up fully prior to beginning distribution. As the Communicant comes forward and gently bows, the EMHC holds the chalice up slightly to eye level and addresses them with the words "The Blood of Christ" and allowing for them to reply "Amen" prior to gently handing the chalice over to them. The EMHC then brings their hands back towards their body, so the Communicant is aware that they have control over the chalice in this moment. The Communicant raises the chalice to their mouth themselves. (GIRM #286) Importantly, the Communicant must remain standing. Holy Communion is always received from a Minister. It is never taken by the Communicant. For this reason, it is not permitted for a Communicant to dip the host into the chalice and to serve themselves by intinction. (GIRM #286-287) The EMHC, when gently receiving the chalice back, wipes the inside and outside of the rim of the chalice with the purificator, on the area that the Communicant just received from. Practically, the EMHC should grip the purificator between their thumb and index finger, rotating the chalice as they wipe. It is suggested that while the next Communicant is receiving from the chalice, the EMHC rotates the purificator.

When the EMHC has completed their task of distributing Holy Communion, they should return to the Sanctuary. Vessels with the Body of Christ should be returned to the Altar and placed on top of the corporal. The empty chalice may be returned to the credence table in the Sanctuary area, once again on top of the corporal. Any remaining Precious Blood should be discretely consumed in the Sanctuary area by an Ordained Minister. (GIRM #163/284) The Ordained Minister can delegate this to another Minister. EMHC should return to their seat according to the local custom, without disrupting the reverence of the post communion reflection.

Prayer over people not receiving A person may come forward in the Communion procession with arms folded across their chest to indicate their desire for a blessing, rather than receiving Holy Communion. This is particularly common for children in the Communion procession with their family. While not recognised as part of the Communion Rite, this has become common practice. In Broken Bay it is suggested that a Minister of Holy Communion, either Ordinary OR Extraordinary could extend their hand over the head of the person, and say one of the following or similar;

"May God be with you. "

"May God be in your heart. "

"May God protect you. "

"May Jesus be in your heart and keep you in God's love. "

Please Note: Holy Communion under both species is during Weekend Masses

Those who take Holy Communion to the Sick or House bound may collect communion at the end of Mass



CHILDREN'S CHRISTMAS EVE MASS

ALL WELCOME!

Please join us for Mass and
Children's Nativity at either St
Brendan's Lake Munmorah or St
Mary's, Toukley.

Wednesday 24th December,
2025.

There are lots of roles for
the children to take part

in, including:

Children's Nativity

Liturgical Dance

Reading

Altar Service

Choir

Register here to
be involved at
St Brendan's
5pm Mass



Register here to
be involved at
St Mary's
6pm Mass



"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."

Matthew 11:28



November 2025

7th Nov (1st Friday)

Healing Prayer Service, 6:30pm-8:30pm
at Our Lady of Dolours Catholic Church, **Chatswood**

INNER HEALING RETREAT, 14th-16th Nov

Guided by Fr Sam Samuel VC & Fr Jubby Varghese VC
Starts on Friday 5.30pm & ends on Sunday 4.00pm

For bookings: 02 43721598 or email: drcretreatreg@gmail.com

17th Nov (3rd Monday)

Healing Prayer Service, 7:00pm-9:00pm
at St Patrick's Church, 11 Macquarie street, **WALLSEND**

21st Nov (3rd Friday)

Holy Mass & Adoration, 6:00pm-9:00pm
at Our Lady Help of Christians, Church, 31 Oxford St, **EPPING**

30th Nov, 9:00am - 4:00pm

ONE DAY PILGRIMAGE (Last Sunday)

- Praise and Worship • Preaching the Word
- Eucharistic Adoration • Divine Mercy Chaplet • Holy Mass

ALL ARE WELCOME, NO BOOKING REQUIRED, BYO LUNCH



DIVINE RETREAT CENTRE

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To help you go deeper in your prayer life and spiritual journey, you are invited to attend the Advent Mission Event Retreat online available from 29 November with unlimited streaming until the end of Advent. To find out more and register, go to: <https://TheCatholicGuy.com/missionevent>
Register now on the website or for more information, email: info@brucedownes.org

Sandra Purcell | Events and Outreach

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